**Lisbon Yowzer Strong – Girls Results**

**Lisbon, ND**

**April 13th, 2015**

**Girls 100 Meter Dash**

1. Amber Lingen Wahpeton 12.57

2. Alexandra Erickson Kindred 12.87

3. Kylie Pastian Hillsboro-CV 13.09

4. Lily Pyle Central Cass 13.26

5. Kacy Smith Lisbon 13.49

6. Sydney Grommesh Central Cass 13.51

t7. Abbie Beck MPCG 13.57

t7. Kenzie Gripentrog Wahpeton 13.57

**Girls 200 Meter Dash**

1. Alexandra Erikson Kindred 27.38

2. Tylee Irwin Wahpeton 27.61

3. Madison Erickson Kindred 28.62

4. Lizzie Brown Wahpeton 28.88

5. Sydney Grommesh Central Cass 29.21

6. Grace Scherr Valley City 29.83

7. Kylee Jochim Central Cass 30.05

8. Sammie Lovelace Oakes 30.06

**Girls 400 Meter Dash**

1. Haley Olson Maple Valley-Enderlin 1:06.07

2. Holly Grandalen MPCG 1:06.48

3. Shelby Gelinske Oakes 1:07.31

4. Grace Dryborgh Hillsboro-CV 1:09.01

5. April Berntson Valley City 1:09.06

6. Hannah Schlect Sargent County 1:09.15

7. Paige Benson HFCT 1:09.58

8. Brooke Christensen Maple Valley-Enderlin 1:09.79

**Girls 800 Meter Run**

1. Payton Frolek MWL 2:21.06

2. Gracie Wright Hillsboro-CV 2:22.90

3. Tess Scott BCN 2:35.65

4. Samantha Wieland BCN 2:40.97

5. Abby Farsdale Kindred 2:41.38

6. Abby Faleide Central Cass 2:43.99

7. Mikaylah Ross Valley City 2:45.12

8. Hannah Wilson BCN 2:45.33

**Girls 1600 Meter Run**

1. Payton Frolek MWL 5:36.82

2. Cailee Peterson MPCG 5:45.62

3. Samantha Wieland BCN 5:50.25

4. Mikaylah Ross Valley City 6:02.05

5. Chloe Thueber Ellendale 6:04.62

6. April Berntson Valley City 6:11.44

7. Jakkia Duffy LaMoure 6:13.52

8. Abby Faleide Central Cass 6:15.32

**Girls 3200 Meter Run**

1. Payton Frolek MWL 11:22.86

2. Annika Rotvold Hillsboro-CV 11:25.40

3. Cailee Peterson MPCG 11:59.88

4. Shayla Fossum HCV 13:03.54

5. Leighton Fitch Kindred 13:21.76

6. Caithlyn Illies MWL 13:28.90

7. Katie Schmidt South Border 14:50.89

8. Hope Huffman Lisbon 15:17.48

**Girls 100 Meter Hurdles**

1. Alexius Hajek Sargent County 17.04

2. Bailey Cavett Lisbon 17.14

3. Brienne Roehrich Valley City 17.50

4. Emily Baldwin MWL 18.13

5. Addi Jo Eckart Hillsboro-CV 18.29

6. Bekah Peterson Valley City 18.34

7. Mariah Schroeder Maple Valley-Enderlin 18.45

8. Marah Wittenburg Lisbon 18.67

**Girls 300 Meter Hurdles**

1. Shelby Gelinske Oakes 54.18

2. Alexius Hajeck Sargent County 54.36

3. Karly Schultz Lisbon 56.02

4. Emily Baldwin MWL 56.22

5. Grace Dryburgh Hillsboro-CV 57.07

6.Marah Wittenburg Lisbon 57.42

7. Lilly Malone Edgeley-Kulm 58.15

8. Holly Zirnhelt Sargent County 58.32

**Girls 400 Meter Relay**

1. Kindred 53.72

2. Wahpeton 54.28

3. Lisbon 54.90

4. Oakes 57.77

5. Hankinson-FCT 57.83

6. MPCG 1:01.60

7. South Border 1:02.55

8. LaMoure 1:03.61

**Girls 800 Meter Relay**

1. Wahpeton 1:50.03

2. Kindred 1:54.29

3. Central Cass 2:00.36

4. MPCG 2:02.46

5. LaMoure 2:03.77

6. Oakes 2:08.69

7. South Border 2:12.41

8.

**Girls 1600 Meter Relay**

1. Maple Valley-Enderlin 4:27.63

2. Lisbon 4:30.48

3. BCN 4:39.41

4. Kindred 4:41.20

5. HCV 4:43.24

6. HFCT 4:44.93

7. LaMoure 4:45.38

8. Edgeley-Kulm 4:59.40

**Girls 3200 Meter Relay**

1. Hillsboro-CV 10:54.56

2. Maple Valley-Enderlin 11:09.28

3. MPCG 11:22.81

4. LaMoure 11:32.70

5. Lisbon 12:23.97

6. Edgeley-Kulm 12:37.04

**Girls High Jump**

1. Mattie Olson Lisbon 4-11

2. Miranda Ripplinger Lisbon 4-9

3. Miriah Schroeder Maple Valley-Enderlin 4-9

4. Tylee Irwin Wahpeton 4-9

5. Tessa Schroeder Maple Valley-Enderlin 4-9

6. Haley Olson Maple Valley-Enderlin 4-9

7. Madei Erickson Kindred 4-7

8. Sydney Griffith Lisbon 4-7

**Girls Long Jump**

1. Kylie Pastian Hillsboro-CV 17-3.5

2. Abby Broun Valley City 16-0

3. Mattie Olson Lisbon 15-8

4. Amber Lingen Wahpeton 15-7

5. Mikayla Mellen MWL 15-6

6. Mariah Schroeder MVE 15-6

7. Sydney Griffith Lisbon 15-5.5

8. Mya Steinwehr HFCT 15-4

**Girls Triple Jump**

1. Amber Lingon Wahpeton 34-3

2. Kara Weigel Zeeland 33-1

3. Tylee Irwin Wahpeton 33-0

4. Mattie Olson Lisbon 32-10

5. Bekah Peterson Valley City 32-9

6. Brienne Roehrich Valley City 32-4

7. Tessa Schroeder MVE 32-2

8. Mariah Schroeder MVE 32-1

**Girls Shot Put**

1. Rave Nelson Sargent County 35-9

2. Lexi Koeppe MWL 35-4

3. Michaela Froehlich Lisbon 34-3

4. Elizabeth Lyons Lisbon 32-6

5. Alex Schmit Oakes 31-10

6. Sydney Shandt Kindred 31-5

7. Sierra Heitkamp MWL 31-3

8. Alexis McQuire MVE 30-11

**Girls Discus Throw**

1. Lexi Koeppe MWL 105-1

2. Miranda Ripplinger Lisbon 105-0

3. Parish Halle Davies 103-11

4. Elizabeth Lyons Lisbon 102-5

5. Makayla Froehlich Lisbon 100-11

6. Brook Tayer MWL 98-0

7. Noelle Cutshaw HCV 97-3

8. Alyx Schmitz Oakes 96-4

**Girls Javelin Throw**

1. Miranda Riplinger Lisbon 120-8

2. Emma Weshnewski MVE 100-5

3. Parish Halle Davies 82-10

4. Noelle Cutshaw HCV 80-1

t5. Tariah Berry Davies 78-7

t5. Lavren Wagner Davies 78-7

7. Amy Jacobson South Border 76-10

8. Lora Horner South Border 75-3

**Girls Pole Vault**

1. Lexi Ruse BCN 8-6

2. Mikayla Mellem MWL 8-0

3. Annie Hart Valley City 7-0

4. Meaghan Wolfaram Wahpeton 6-6

5. Maddie Garnetti BCN 6-0

6. Addi Eckart Hillsboro-CV 6-0

**Girls Team Results**

1. Lisbon 111

2. MWL 78

3. HCV 74

4. Wahpeton 73.5

5. MVE 65

6. Kindred 60

7. Valley City 47

8. BCN 38

9. MPCG 37.5

10. Sargent County 32

11. Oakes 30

12. Central Cass 24

13. LLM 14

14. F Davies 13

15. Hankinson 10

16. South Border 9

17. Zeeland 8

18. E-K 6

19. Ellendale 4

20. Richland 0

21. Montpelier 0